



AETNA BETTER HEALTH® OF LOUISIANA

Special medical needs evacuation checklist

- Medications: A 2-week supply of ALL medications (in the original container), as ordered by your doctor(s);
- Managed medical care plan from your Aetna Case Manager, including a list of medications*;
- Medical equipment: portable oxygen, wheelchair, walker, feeding tube/pump, monitors, nebulizers, diabetic testing;
- Medical supplies currently being used including colostomy supplies, dressings, and testing strips;
- Important papers, valid identification (ID) and insurance cards with current address;
- Special dietary foods (non-perishable), with a manual can opener for 5-7 days;
- Personal hygiene items, including soaps, deodorant, toothpaste and diapers (if required);
- Extra eyeglasses or contacts, hearing aid (batteries), dentures;
- Clothing for 5-7 days;
- Lightweight folding chair;
- Flashlight and batteries;
- If necessary, an adult caregiver.

Sheltering may not have certain conveniences of home, such as privacy. Seeking shelter with family and/or friends for those with special needs or an impaired immune system should always be your first option.

* **Note:** Special Medical Needs members may request a managed medical care plan through Aetna Case Management. If you are not in Case Management and wish to be, you may request a Case Manager through Aetna Better Health of Louisiana Member Services. Special Medical Needs members should allow at up to 30 days before receiving a written managed medical care plan from their case manager.

You can now find a provider, see your handbook, check claims, order a new ID card and see your current medications on your cell phone. Aetna Better Health of Louisiana has launched a mobile app! It is easy to use and right on your cell phone. Available on iPhone or Google Play for Android.